

Benesse House SPA

Naoshima Signature

We will cleanse your feet in a footbath that contains "Sorashio", a salt made from the seawater and sun of Naoshima. We will introduce your whole body to the aromas of pine and rosemary, which grow wild on the island, and a blended original aroma oil that conjures images of Naoshima, such as cypress, frankincense, and myrrh. We thereby invite your trip to Naoshima to be something more profound.

Footbath	→	Full Body Treatment	→	Facial Treatment
10 min.		90 min.		50 min.

Total 150 min. ¥33,000

Footbath	→	Full Body Treatment	→	Facial Treatment
10 min.		100 min.		70 min.

Total 180 min. ¥38,500

Incl. Clay treatment for back and spine

Body Treatment

Touching, which will allow you to feel the rhythm of the waves of the Seto Inland Sea and the gentle aroma will release your mind and body from tension and stress and wash away fatigue and waste products. The aromatherapist will suggest the oils used in your treatment, depending on your physical condition.

60 min.	¥17,600
90 min.	¥19,800
120 min.	¥23,100

*Optional extension: 10 min. ¥1,750

Facial Treatment

We recommend a facial treatment for any fatigue experienced in your face and neck, shoulders, or head. We use the serums made from botanical oils and essential oils in our approach to facial swelling and lymphatic stagnation. You can expect care for any dull or dry skin and a power-up of your complexion.

50 min. ¥17,600

80 min. ¥22,000

Body and Facial Treatment

Here is a set of the body and facial treatments described above. By receiving care for both your whole body and face, you can thereby obtain a deeper relaxation.

90 min. ¥23,100

120 min. ¥26,400

*We operate on a reservation-priority basis; however, same-day appointments may be available depending on availability. Please feel free to contact us.

*For details regarding treatments, our therapists will be happy to assist you. Please do not hesitate to ask.

*Please allow approximately 20 additional minutes on top of your treatment time for consultation and changing. If you are in a hurry, kindly let us know at the time of booking or inform your therapist.

*We kindly ask that any cancellations be made by 6:00 PM on the day prior to your appointment. Cancellations made after this time will incur a 50% cancellation fee.

*No-shows on the day of the appointment will be charged 100% of the treatment fee.

*For guests who are pregnant, treatments are available only after the 20th week of pregnancy and are limited to courses of up to 60 minutes. Please consult with your physician prior to booking.

*Guests with pre-existing medical conditions are kindly requested to obtain approval from their physician before making a reservation.

*For your safety, we may need to decline services if you are experiencing an infectious illness, injury, or are otherwise unwell. Thank you for your understanding.

For reservations and inquiries, please contact Park Front Desk by dialing 8, Museum Front Desk by dialing 9, or the Spa by dialing 5.