

Benesse House SPA

NAOSHIMA SIGNATURE

Our signature treatment that tunes the body to the Naoshima rhythm based on the land's natural blessings, such as its naturally grown herbs as well as sea salt. Our therapists are here to provide counseling and tailored the treatment exclusively for you.

◇Body 90min. 27,500 JPY

◇Body & Facial 120min. 29,700 JPY

150min. 31,900 JPY
(Aroma Bath included.)

BODY TREATMENT

● AROMA THERAPY

A calm and relaxing treatment like the waves of Setouchi Inland Sea, releasing the mind and body from stress, tension, and fatigue.

Calls you to deep relaxation with essential oils matching your physical condition.

◇60min. 17,600 JPY

◇90min. 22,000 JPY

◇120min. 25,300 JPY
(Aroma Bath included.)

● HOT STONE THERAPY

A treatment with far-infrared rays from warm stones penetrating deep into your body, relieving accumulated fatigue, pain, and cold.

Spurs blood and lymph flow, relieves stress and muscle fatigue, and improves self-healing power.

◇70min. 18,700 JPY

FACIAL TREATMENT

Our therapists propose the most suitable treatment for you while checking your skin condition. Great for your face, relieves stiffness around scapula, neck, shoulders, and décolletage, and even improves blood circulation, as well as brightens skin.

◇60min. 18,700 JPY ◇90min. 24,200 JPY

ADDITIONALS

◇Addition to all the menus available.

◆Damask rose oil available for all the menus.

◇Head Treatment 15min. 2,200 JPY

◇Clay Facial Pack 2,200 JPY

◇Aroma Bath 20min. 2,750 JPY

◆Damask Rose Treatment 2,200 JPY

└ Uses essential oil made from rare Damask Rose grown without pesticides. The luxurious and elegant fragrance of our Damask roses is capable of removing anxiety and stabilizing the mind. It is also well known for its anti-aging effect on the skin (such as restoring elasticity)

(You can request this as an addition to all treatments.
Please ask our therapists for more details.)

Other seasonal treatments also available.

※All Prices include tax.